
**Living with a stroke -
King P, Manchester
University Press,
£6.95 (£UK), Dec. 1990.**

In just over 100 pages, this small publication offers practical advice on many of the problems associated with a stroke. It is particularly aimed at non medical carers, or perhaps at the stroke victim him or herself as a result of which there are several incidences of over simplification of the pathophysiology of stroke and the expected prognosis in a temporal setting. Relevant medical terms are explained in a glossary and the role of the various members of the multi-disciplinary team is explained. There was perhaps insufficient attention paid to the role of the Occupational Therapist, particularly in relation to the identification and treatment of perceptual problems and the functional difficulties associated with the various degrees of sensory inattention, could with benefit have been further clarified.

A very good chapter considers speech problems and the popular myths associating aphasia with impaired intellect and practical advice is offered to minimise the impact on the stroke victim and spare him/her the added degradation of being treated like a child.

Other chapters consider difficulties likely to be experienced as a result of visual problems, loss of memory or disorders of mood and suggestions are made to help minimise their impact, not just on the quality of life for the patient, but also that of the carer.

A very worthwhile practical analysis of the possible consequences of stroke for the non medical reader.

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